

## 2015 SOROPTIMIST INTERNATIONAL OF TAHOE SIERRA COMMUNITY GRANT RECIPIENTS

**Between Horses & Humans** Horses are intuitive and pass no judgement on the children and adults who come to Gardnerville to find healing. Here the participants learn to take an assertive yet gentle approach to the care of the horses they befriend.

**Bijou K Adventure Program** With the funds from the Soroptimist's, the Bijou Kindergarten team will be purchasing a book for each new 2015 Kindergarten student along with school supplies that will help the students have a successful school year.

**Christina Frohlich and Gallanty Physical Therapy Guatamala Assistance** Christina helped 2 orthopedic surgeons and multiple RN's to help over 50 people in Guatamala receive the treatment and physical therapy they needed.

**Girl Scout Leadership** The Girl Scout Leaders will use the funds received to train older Girl Scouts to mentor and teach younger Girl Scouts.

**Girls On The Run** This non-profit organization is dedicated to creating a world where every girl knows and activates her limitless potential and is free to boldly pursue her dreams. Running is used to inspire and motivate girls, encourage lifelong health and fitness, and build confidence through accomplishment. Important social, psychological, and physical skills and abilities are developed and reinforced throughout the program. for more information.

**Kahle Community Center's Morning Program** The funds received will help the Tuesday Morning program which provides a fun social environment for over 50 families with children ages birth to preschool.

**ED Reading Council's Baby Books Program** This amazing program has been in place for over 12 years. It promotes the love of reading and provides a book bag, book, and information for new parents of babies born in South Lake Tahoe.

**SOS Outreach** This non-profit organization inspires youth to make positive decisions for healthy successful lives. Here in Tahoe the organization helps to teach life skills and provides opportunities with various adventure sports.

**St. Joseph Land Trust** The mission of this non-profit organization is to improve the quality of life for individuals and families who cannot otherwise afford housing by acquiring real estate and developing programs to benefit individuals and families. So far they have provided 77 units of affordable housing for families who previously lived in motels. The funds that they are receiving will go towards helping families with their 1st month rent and security deposit in their new homes.

**Tahoe Turning Point** This organization provides Residential Youth Group Homes for 70 Foster Youth placed in their care throughout the year. With the received funds the organization will be encouraging physical fitness through gym passes at Kahle Community Center. Research confirms not only the physical benefits of exercise to a young person, especially those identified as “at risk”, including weight control, bone building and cardiovascular protection, but also the mental health benefits. Exercise for a young person can reduce anxiety and depression, increase self esteem, improve self image and help these young people cope with the stress, chaos and trauma in their lives.

**Tahoe Valley Elementary’s Disney Aladdin Musical Performance** There is an emphasis of performing arts at Tahoe Valley. Every year the school puts on an amazing performance and this year’s show will be no exception. There will be over 60+ students performing April 1st and 2nd at 6:00-7:00 p.m. With the funds received, authentic clothing was purchased for the performers’ costumes.

**Tahoe Valley’s Science Theater Workshops** allows every student to actively participate in hands-on dramatizations that connect science learning to their everyday world. Because students have a memorable experience acting-out a scene, they learn and retain the science content associated with that scene. With funds received, this innovative interactive science troupe has been invited to inspire Tahoe Valley’s 1st-3rd grade students.

**Tahoe Youth & Family Services** This organization’s mission is to promote the healthy development of children, youth, and families in our community by providing counseling, education and support services. Through funds received, Tahoe Youth and Family Services will be continuing to support it’s Girl’s Project. This amazing project is an after school program at Tahoe Valley, Bijou, and Sierra House elementary schools and serves approximately 114 girls. The girls participate weekly in learning how to make positive life decisions, develop healthy relationships, and improve self-confidence to combat destructive issues that they face at their age now or will be faced with in the future. With the funds received necessary materials and snacks will be purchased to support the program.